



## OMHCA

### Ohio Mental Health Counselors Association

*A State Chapter of the American Mental Health Counselors Association & a Division of the Ohio Counseling Association (OCA)  
Working for Ohio's PCC's & Mental Health Counselors*

[www.ohmhca.org](http://www.ohmhca.org)

## OMHCA Presents: 2 CEUs

### The Dislocated Self: Using Relational Approaches to Address the Needs of 21<sup>st</sup> Century Clients

Rapid cultural changes have resulted in alterations in how individuals understand themselves and visualize their futures. The decline of the authority of economic, political and religious institutions, the breakdown of cultural practices, and the questioning of long accepted truths has resulted in a growing number of people experiencing a sense of psychological dislocation. This dislocation, this absence of a grounded self, results in what can best be called new pathologies of the self. This presentation will first describe these new pathologies and then demonstrate why a relational counseling approach is best when working with individuals experiencing this sense of dislocation.

#### *Participants will:*

- Become familiar with the rapid changes in the global, social and economic system that result in a dislocated self. The impact of these changes will be examined by focusing on the experience of those affected by the cultural dislocation of emigration, and those coming to maturity in an environment which, because of rapid change, offers no direction or guidance
- Understand the psychic dynamics which give rise to these new pathologies. Particular emphasis will be placed on the loss of a core self as a result of societal and cultural pressures.
- Examine and analyze the counseling techniques that have been most successful in working with new pathologies of the self. These approaches are relational in nature and focus on developing a core self founded in relationship - - not bound by culture and society.

*This workshop has been approved by the Counselor, Social Worker & Marriage and Family Therapist Board for 2 clock hours for Counselors-  
Approval Number: RCX 038700*

**Thursday,**

**February 11, 2009**

**5:30 p.m—7:30p.m.**

Registration begins at 5:15

*Lakewood Woman's Club*

*Pavilion in*

*Lakewood Park at*

*14532 Lake Avenue*

*Lakewood, Ohio 44107*

**Free** for OMHCA

members;

\$25\* for non-members  
registered by February 5th;

\$35\* for non-members,  
late registration.

*\*Includes OMHCA  
membership*

**To register, email**

*rtkole@yahoo.com*

*(preferred); use "OMHCA  
workshop" in subject line or*

*call 216-870-6672*

**Dr. Cecile Brennan,**

Ph.D., PCC-S is  
currently an Assistant

Professor of  
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